



## Attention Deficit Hyperactivity Disorder (ADHD)

The diagnosis of Attention Deficit Hyperactivity Disorder (ADHD) is a difficult one to make. There are NO blood tests, x-rays or brain wave tests that one can perform to help in diagnosing this disorder.

We use a combination of parent discussion, questionnaires, teacher evaluations and physical examinations to help establish this diagnosis.

We want to work closely with our families with ADHD children to make sure treatment plans are being followed and that your many questions and concerns are being addressed.

We are more than willing to work with other professionals in the treatment of your child and would be happy to follow guidelines:

- annual checkup
- semi-annual height/weight/blood pressure check
- brief discussion between parent and doctor at the time of the medication refill to help us determine efficacy of medication

As many of you are aware, there is a national organization for families of children with ADHD. CHADD can be reached via their website at [www.chadd.org](http://www.chadd.org) or by calling (800) 233-4050. They can help you find local chapter meeting dates and locations.

There are many books that one can find on ADHD. A few that may be of help are:

Why Johnny Can't Read, Robert A. Moss, M.D.

Your Hyperactive Child – A Parent's Guide, Attention Deficit Disorder and Learning Disabilities, Barbara Ingersoll, M.D.

Feeding the Brain, C. Keith Connors, Ph.D.

The Hyperactive Child, Adolescent and Adult, Paul Weber, M.D.

How To own and Operate an Attention Deficit Kid, Debra Maxey

All About Attention Deficit Disorder, Thomas Phelan, M.D.