



## ITEMS TO HAVE WHEN BRINGING A NEW BABY HOME

### Furniture:

- ☞ Crib
- ☞ Bassinette
- ☞ Changing Table
- ☞ Swing
- ☞ Bouncy seat

### Nursing/Feeding:

- ☞ Bibs/ "burp cloths"
- ☞ Nursing Pillow
- ☞ Breast Pump
- ☞ Formula/Nursery Water
- ☞ Bottles/nipples/bottle brush

### Clothing:

- ☞ T-shirts/onesies
- ☞ Sleepers (fleece)
- ☞ Sleep sacks
- ☞ Outfits
- ☞ Socks
- ☞ Blankets for swaddling

### Bath:

- ☞ Soft baby hair brush and comb
- ☞ Baby shampoo
- ☞ Mild soap (Dove and Ivory)
- ☞ Soft towels/washcloths
- ☞ Baby bath tub
- ☞ Diaper pail
- ☞ Diapers
- ☞ Baby wipes

### Bedding:

- ☞ Mattress, waterproof pad
- ☞ Bedding Linens
- ☞ Receiving blankets
- ☞ Baby bunting (if fall / winter)

### Financial Planning:

- ☞ Consider a 529 plan

### Health and Safety:

- ☞ Thermometer
- ☞ Vaseline, Desitin, A and D ointment
- ☞ Baby Lotion (No Baby Magic or other perfumed lotions)
- ☞ Sun block, SPF  $\geq$  15 for use after 4 months of age
- ☞ Bug-spray (10 - 30% DEET) on clothes only till one year of age.
- ☞ Hat
- ☞ Sunglasses that offer UVA and UVB protection
- ☞ Hypoallergenic laundry detergent (Dreft or All Free and Clear)
- ☞ Monitor
- ☞ Cool mist humidifier
- ☞ Nail clippers, nail file or emery boards
- ☞ Bulb syringe/ Nose Frieda
- ☞ Doctors Phone #, Local pharmacy phone number, Poison Control # (1800-222-1222) and 911 posted by the phones and on your cell phones

### Getting Around:

- ☞ Baby sling
- ☞ Stroller (Jogging Stroller)
- ☞ Pacifiers
- ☞ Diaper bag
- ☞ Car seat
- ☞ Car seat cover "Bundle Me"
- ☞ Head supporter insert

### Books:

- ☞ Your Baby's First Year, AAP, Ed. Shelov
- ☞ What to Expect the First Year, By Murkoff